Welcome to Upper Austria Guide for Incoming-Students





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Imprint:

Media owner and publisher: FH Gesundheitsberufe OÕ GmbH, Semmelweisstrasse 34/D3; editor: FH Gesundheitsberufe OÕ GmbH; entrusted with the publication: marketing; editorial office: International Office FH Gesundheitsberufe OÕ; basic alignment: Information on the University of Applied Sciences Health Professions Upper Austria GmbH; Layout and Design: como.at; typesetting and printing errors reserved; Icons: AdobeStock; Cover Image: AdobeStock/melita.





About us

Welcome to the University of Applied Sciences for Health Professions Upper Austria!

The University of Applied Sciences for Health Professions Upper Austria offers Bachelor and Master degree programmes at different regional locations in Upper Austria (Linz, Ried, Steyr, Wels, Vöcklabruck). The close connection to the carrier's own hospitals and the optimal mix of teaching, practice, science and research guarantee a technically and scientifically sound study with a high practical orientation. The longstanding experience of the teaching team and the hospitals, speakers from the working field and internships in health care facilities ensure that education and training have a strong basis of expert- and scientifically designed for the health sector. The internationally recognised degrees also include the professional qualification in the respective health profession and thus offer very good job opportunities.

Our Bachelor Programmes

- Biomedical Science
- Dietetics
- Midwifery
- Occupational Therapy
- Physiotherapy
- Radiological Technology
- Speech and Language Therapy
- Healthcare and Nursing

Advanced Training Courses

- Child- and Youthcare
- Psychiatric Healthcare and Nursing
- Intensive Care
- ► Intensive Care of Children
- Anaesthesia Nursing
- Operating Room Care

Our Master Programmes

- Management for Health Professionals main focus on hospital management
- ► Joint-Master Applied Technologies for Medical Diagnostics

Our Master Course

▶ University Didactics for Health Professional Education





The close proximity of our campuses to the regional hospitals and other health care facilities offer great opportunities for traineeships and other work experiences. All our locations offer charming surroundings and opportunities for incoming students.

🔍 Linz

The Upper Austrian capital Linz has already established itself as a study town with universities, polytechnics and universities of applied sciences. Linz counts approx. 200,000 inhabitants and is also famous as the city on the Danube. The harmonious interaction of historic charm and pulsating modernity is not only reflected in the architecture, but is also characterised by the cultural possibilities. Trendy and cosy bars invite you to relax and have fun. Various green oases and recreation areas not forgetting the picturesque location at the Danube make Linz an attractive town to live and study. Students not only find the best study conditions here, but also extensive sports- and recreational facilities.

More information about Linz can be found on:

- www.linz.at/english
- www.linztourismus.at/en/leisure
- www.linztermine.at/index





Ried, a town of contrasts between tradition and modernity. Originality and innovation is creating the town with 11,000 inhabitants in the heart of Upper Austrians region Innviertel an exciting place full of magic moments.

A beautiful old town house lines up to the next in the town centre and bustling squares and cozy restaurants are inviting guests to discover convivial residents. Art and culture is indeed very important for Ried. For arround 200 years Ried was the home of wellknown sculpture dynasty of the Schwanthaler. Superbly, Ried also offers economic interest: manufacturers with international reputation are the best proof, such as FACC, a manufacturer of aircraft parts, TEAM 7, manufacturing high quality solid wooden furniture or the engineering company Wintersteiger. But there are also trading companies reinforcing Ried's reputation as a place of shopping. Other highlights of this town are the "Rieder Messe" and all those kickers of soccer club "SV Guntamatic Ried".

As you see: Ried is big in small. Check it out.

More information about Ried can be found on:

- www.ried.com/en/home/1000.html (only in German)
- www.ried.com/en/sport-and-aktiv/1265.html (only in German)
- www.ried.com/en/veranstaltungen/1004.html (only in German)

🛇 Steyr

Steyr with its approx. 38,000 inhabitants is situated very close to the Kalkalpen National Park. Its historic old town is a vibrant centre, great for shopping, strolling or simply relaxing and also provides a delightful setting for numerous festivals and events. In the city centre two rivers meet - Steyr and Enns - which create a nice atmosphere and make the city special. Steyr is also known as an economic hot spot, where companies like "MAN" or "BMW" play an important role.



More information about Steyr can be found on:

- www.steyr.at/system/web/startseite.aspx?fileid=1078583
- www.steyr.info/en/home.html
- www.steyr.at/FREIZEIT/KULTUR/Veranstaltungen (only in German)





Vöcklabruck is situated halfway beetween Salzburg and Linz, very close to the famous lakes of the Salzkammergut (11 km to the Attersee, 16 km to the Traunsee, 40 km to the Mondsee). That's why the town is also named "The gateway to the Salzkammergut". But not only the countryside of Vöcklabruck invites you to discover adventures in the mountains and villages around – the city of Vöcklabruck with its 12.000 inhabitants offers you a lot of activities in the center too. The historical town square, framed by the two town towers, is a meeting point for local people and tourists. There you can find markets, shops, museums, cafés, bars and restaurants. In the leisure park you can enjoy moments of relaxation and sporting challenges. You can also find a Shopping Center (Varena) and a cinema (Starmovie) near to the city.

Vöcklabruck is unique!

More information about Vöcklabruck can be found on:

- www.salzkammergut.at/en
- www.kuf.at/ (only in German)
- www.voecklabruck.com

🥮 Wels

Wels is the second largest city in Upper Austria and counts approx. 58,000 inhabitants. The city's old town is an especially attractive place to be. Wels offers sports and cultural events, such as the annual "International Puppet Festival", and numerous concerts staging national and international stars. The City of Wels also hosts many trade fairs and exhibitions. The most important ones are the "Welser Messe" (an international agricultural trade fair) and the "Energiesparmesse" - expoEnergy (a trade fair for energy efficiency and eco-energy).



More information about Wels can be found on:

- www.wels.at/en/welsmarketing/tourism-region-of-wels.html
- www.wels.at/welsmarketing/events/veranstaltungskalender.html (only in German)





Travel Information

Airports

The following airports are suitable for your arrival to Upper Austria:

- Vienna International Airport www.viennaairport.com to Linz ~ 200 km, to Steyr ~ 200 km, to Wels ~ 220 km
- Blue Danube Airport Linz www.linz-airport.at to Linz ~ 12 km, to Stevr ~ 40 km.
 - to Wels ~ 18 km

- Airport Salzburg www.salzburg-airport.com to Linz ~ 130 km, to Steyr ~ 140 km, to Wels ~ 120 km
- Airport Munich in Germany www.munich-airport.de to Linz ~ 230 km, to Steyr ~ 250 km, to Wels ~ 200 km

Railways

In order to get from the airport to the cities Linz, Wels or Steyr you need to take a train (except from airport Linz to Linz city centre). You can choose between two railway companies:

- ÖBB (www.oebb.at/en) if you book online in advance, check out the "SparSchiene" tickets, which offer tickets for cheap prices.
- WESTBAHN (https://westbahn.at/en) this railway only operates between the cities Salzburg, Linz and Vienna. Usually you buy the ticket on the train, but also check online discounts and buy lower priced tickets online or in tobacconists at the train stations.

ÖBB Vorteilscard



If you stay longer and would like to discover Austria by train, it is worth getting the ÖBB Vorteilscard. Anyone under 26 years can get the ÖBB "Vorteilscard Jugend". It costs 19 Euros and is valid for one year. A discount of up to 50% is granted for all ÖBB train tickets. To order the card you need your passport. You can request the card at a train station ticket counter or online on www.oebb.at/en

If you don't have a special member card of the ÖBB, might be cheaper to get the tickets from the "Westbahn". In any case, compare prices.





Public Transportation

Public transportation Linz

The "LINZ AG LINIEN" has different ticket offers. In addition to the classic MINI, MIDI, MAXI and MEGA (annual) tickets, weekly and monthly tickets are available for your individual mobility requirements. If you are between 15 and 21 years old, you can buy the "Jugendticket" and you pay the half of the normal price. MEGA tickets (annual network ticket) are available as transferable tickets for relatives and friends.

For more information on individual products, please click on www.bit.ly/29VYcTC.

Public transportation Ried

"Citybus" offers different tickets for the public transportation in Ried.

For more information on individual products, please click on **www.ried.com/en/kontakt-andservice/anreise/oeffentliche-verkehrsmittel/1187.html** (only in German)

Public transportation Steyr

"Stadtbetriebe Steyr GmbH" has also a range of different options for public transportation tickets.

For more information (only in German) on individual products, please click on www.stadtbetriebe.at/Verkehr/Tarife

Public transportation Vöcklabruck

The "Citybus" takes you to the different places in the city, more information about lines and tickets available at **www.voecklabruck.at/Stadtbus**

You travel by train to Linz in 30 min., to Salzburg in 30 min. and to Wels in 20 min. More information and the timetables available at www.oebb.at/en/ and https://westbahn.at/en



Public transportation Wels

"Linie Wels" offers different tickets for the public transportation in Wels.

For more information (only in German) on individual products, please click on **www.liniewels.at/de/tarife**

Public transportation Upper Austria

An advantage of the OÖVV, which is the public transportation company for Upper Austria, is the free choice of public transport and free alteration between the OÖVV transportation companies along the selected route. Please consider the special arrangements in the central zone (Linz, Wels, Steyr).

For more information on individual products, please click on www.ooevv.at/?seite=fahrkarten-preise&sprache=EN

If you need further information about ticket details, you can contact the International Office of the University of Applied Sciences for Health Professions Upper Austria.



Visa, Embassies and Consulates

All students from foreign nationalities, who want to study or do a placement in Austria, need a valid travel document and, if required, an additional entry or a residence permit.

Here you can find detailed information about entry and residence permit provided by the OAED https://oead.at/en/to-austria/entry-and-residence and the Austrian ministry for foreign affairs www.bmeia.gv.at/en Please, make sure that your travel document is valid for the whole duration of your stay.

Austrian representative authorities abroad: www.bit.ly/zaiBbxC

Authorities of other countries in Austria: www.bit.ly/29NxFdZ





Medical Care and Insurance

Health and accident insurance

You are required to have a valid health and accident insurance during your studies in Austria. If you pay the Federal Austrian Students Union fee, you automatically obtain a liability and accident insurance for the time of your studies or traineeship in Austria.

SELF-INSURANCE from your home country

- European health insurance card for nationals of EU/EEA countries and Switzerland
- provisional substitute
- ▶ insurance policies of various insurance companies, etc.

STUDENT SELF-INSURANCE in Upper Austria

by the Upper Austrian Health Insurance Carrier (Österreichische Gesundheitskasse)

Students can take out a student self-insurance with the Upper Austrian Health Insurance company:

Österreichische Gesundheitskasse

Gruberstraße 77, 4020 Linz Phone: +43 5 0766-14 Email: office-o@oegk.at Web: **www.gesundheitskasse.at**

Emergency numbers



Emergency doctors – phone: 141 European Emergency Number: 112 Ambulance – phone: 144 Police – phone: 133 Fire brigade – phone: 122 Pharmacies on standby duty – phone: 1455 or http://bit.ly/290xc8D (only in German)



Hospitals in Linz, Ried, Steyr, Vöcklabruck and Wels

🔍 Linz

Kepler Universitätsklinikum Med Campus III. (general hospital)

Krankenhausstraße 9, 4021 Linz Phone +43 (0)5 7680 83-0 Email: kontakt@kepleruniklinikum.at Web: **www.kepleruniklinikum.at** (only in German)

Kepler Universitätsklinikum Neuromed Campus

Wagner-Jauregg-Weg 15, 4020 Linz Phone +43 (0)5 7680 87 - 0 Email: nmc@kepleruniklinikum.at Web: **www.kepleruniklinikum.at** (only in German)

Krankenhaus der Barmherzigen Brüder Linz (general hospital)

Seilerstätte 2, 4021 Linz Phone: +43 (0) 732 7897-0 Web: www.barmherzige-brueder.at/site/ oesterreich/sprachen/en

Krankenhaus der Elisabethinen Linz (general hospital)

Fadingerstraße 1, 4020 Linz Phone +43 (0)5 7676 0 Email: krankenhaus@elisabethinen.or.at Web: www.ordensklinikum.at/de/ueber-uns/ ordensklinikum-linz-elisabethinen (only in German)

Ried

Krankenhaus der Barmherzigen Schwestern Ried

Schlossberg 1, 4910 Ried im Innkreis Phone: +43 7752 602-0 Email: office.ried@bhs.at Web: **www.bhsried.at**

🔇 Steyr

Pyhrn-Eisenwurzen Klinikum Steyr

Sierninger Straße 170, 4400 Steyr Phone: +43 (0)5 055466-0 Email: contact.sr@ooeg.at Web: **www.ooeg.at/sr** (only in German)



Salzkammergut-Klinikum Bad Ischl

Dr.-Mayer-Straße 8–10, 4820 Bad Ischl Phone: 05 055472-0 Fax: 05 055472-1014 Email: contact.sk@ooeg.at Web: **www.ooeg.at/sk**

Salzkammergut-Klinikum Gmunden

Miller-von-Aichholz-Straße 49, 4810 Gmunden Phone: 05 055473-0 Fax: 05 055473-22204 Email: contact.sk@ooeg.at Web: **www.ooeg.at/sk**

Salzkammergut-Klinikum Vöcklabruck

Dr.-Wilhelm-Bock-Straße 1, 4840 Vöcklabruck Phone: 05 055471-0 Fax: 05 055471-1014 Email: contact.sk@ooeg.at Web: www.ooeg.at/sk



Klinikum Wels-Grieskirchen

Grieskirchner Straße 42, 4600 Wels Phone: +43 (0) 7242 / 415-0 Email: post@klinikum-wegr.at Web: http://www.klinikum-wegr.at (only in German)





The average costs of living in Austria are approx. 750 to 1,000 Euros per month.

Accommodation - 250 to 400 Euros
 Food - 300 Euros
 ★ Extras - 200 to 300 Euros



Getting Things Cheaper

Aktivpass

If you register your main residence in Linz, you can get the so called "Aktivpass" of the city Linz. It enables you to get many reductions for public transportation, events, ad-mission tickets and much more. Unfortunately, there is no equal offer in Steyr or Wels.

Requirements

- ▶ 18 years old
- ▶ net income not more than 1,294 Euros per month
- principal residence in Linz

Required documents

- proof of income
- ► photo
- confirmation of study/student card
- passport

In order to get the "Aktivpass" you need to go to:

Bürgerservice Center

Hauptstraße 1 - 5, Neues Rathaus, 4041 Linz Phone: +43 (0)732 7070 Email: info@mag.linz.at Web: www.linz.at/english/ life/7406.php



Opening hours: Monday to Friday, 7:00 am – 6:00 pm Detailed information about the "Aktivpass" can be found on www.linz.at/aktivpass (only in German).



In the cities the shops as a rule are open from Monday to Friday 9:00 am - 6:00 pm, on Saturdays 9:00 - 12:00 am, the main shops also till 5:00 pm.

Some shops close for lunch (12:00 am - 2:00 pm). Grocery shops often open before 8:00 am and close at 6:30 pm. In touristic centres many shops are also open on weekends.



Banks

Most banks here in Austria offer a student account which is free of charge. Please, ask at the banks for detailed information about these student accounts. Usually, banks are open from Monday to Friday between 8:30 am and 4:00 pm and often close for one or two hours at lunchtime. Some banks also close on Wednesday or Friday afternoon. Please check for opening hours.

Under the following link you can look up banks in Austria in general: **www.banksuche.com/at** (only in German)



Language Course

If you want to join a language course, provided by a public learning institute, you have following options:

Volkshochschule Linz

Wissensturm Kärntner Straße 26, A-4020 Linz Phone: +43 (0)732 7070-0 Email: vhs-bib@mag.linz.at Web: https://wissensturm.linz.at (only in German) WIFI Oberösterreich (Linz, Wels and Steyr) Email: kundenservice@wifi-ooe.at Web: www.wifi-ooe.at (only in German)

BFI Oberösterreich (Linz, Wels and Steyr) Email: service.linz@bfi-ooe.at, service.wels@bfi-ooe.at, service.steyr@bfi-ooe.at Web: www.bfi-ooe.at (only in German)







In Linz you have a lot of possibilities to visit libraries, which are well equipped with all sorts of literature, language learning books, games,

Here you can find a map of all libraries of the city council Linz: https://wissensturm.linz.at/bibliothek/oeffnungszeiten.php (only in German)

Library JKU: www.jku.at/bibliothek (only in German)



Stadtbücherei Ried Roßmarkt 29, A-4910 Ried im Innkreis Phone: +43 7752/901-320 Email: buecherei@ried.gv.at Web: www.buecherei.ried.at

Openin hours: Tuesday, Thursday, Friday 09:00 - 12:00 am, 1:00 - 5:00 pm Saturday 09:00 - 12:00 am

Interpretation Steps Interpretation Steps

Stadtbücherei Marlen Haushofer

Bahnhofstraße 4, 4400 Steyr Phone: +43 (0) 7252 48423-11 Email: buecherei@steyr.gv.at Web: **www.steyr.at/Stadtbuecherei_Marlen_Haushofer** (only in German)

Opening hours:

Tuesday to Friday 10:00 am - 6:00 pm Saturday 9:00 - 12:00 am





Town Library

Hinterstadt 13-15, 4840 Vöcklabruck Phone: +43 (0)7672/760-248 Web: **www.voecklabruck.at/Stadtbibliothek**

Opening hours:

Monday 8:00 am - 6:30 pm, Wednesday and Friday 8:00 am - 6:00 pm Saturday 9:00 - 11:00 am

WELS

Stadtbücherei Wels

Maria-Theresia-Straße 33, 4600 Wels Phone: +43 (0) 7242 235-7150 Email: b@wels.gv.at Web: **www.wels.gv.at/lebensbereiche/bildung-und-kultur/stadtbuecherei** (only in German)

Opening hours:

Tuesday to Friday 10:00 am - 6:00 pm Saturday 9:00 - 12:00 am



Erasmus Student Network Linz (ESN)

ÖH Referat für Internationales

Keplergebäude Altenbergerstraße 69, 4040 Linz Phone: +43 (0)732 2468 8365 Email: refi@oeh.jku.at Web: **http://linz.esnaustria.org/** In Linz there is an ESN (Erasmus Student Network) contact point, if you want to meet other international students and participate in events and parties. Please, consider though that you can just participate in certain events, offered by the ESN network. Other services like "mentoring" cannot be used, since additional services are mostly for students of the Johannes Kepler University, where the contact point is based.





Sports Activities

Some universities have a university sport institute, which offer you the possibility to join different sports courses at a very low price. In Linz are two university sports institutes: one of the Johannes Kepler University and one of the University College of Education. The University of Applied Sciences offers a range of sports activities in Steyr and Wels.

Remember that the deadlines for enrolment are usually at the beginning of each study semester. Below you can check out the course programmes.

🔍 LINZ

University sports institute of Johannes Kepler University www.jku.at/en/campus/recreation/sports-exercise

Organisation for leisure and sport of the University College of Education **www.fph.at** (only in German)

FH OÖ Sports Team of University of Applied Sciences www.fh-ooe.at/ueber-uns/sportverein (only in German)

STEYR

FH 0Ö Sports Team of University of Applied Sciences www.fh-ooe.at/ueber-uns/sportverein (only in German)

₩ WELS

FH 0Ö Sports Team of University of Applied Sciences www.fh-ooe.at/ueber-uns/sportverein (only in German)





Public Holidays in Austria

www.feiertage-oesterreich.at

2022

- ▶ 01st Jan: New Year's Day (Neujahr)
- ► 06th Jan: Epiphany (Heilige drei Könige)
- ► 14th Apr: Good Friday (Karfreitag)
- ► 18th Apr: Easter Monday (Ostermontag)
- ► 01st May: Labour Day (Staatsfeiertag)
- ► 26th May: Ascension Day (Christi Himmelfahrt)
- ► 06th Jun: Whit Monday (Pfingstmontag)
- ▶ 16th Jun: Corpus Christi (Fronleichnam)
- ▶ 15th Aug: Assumption Day (Mariä Himmelfahrt)
- ► 26th Oct: National Holiday (Nationalfeiertag)
- ► 11th Nov: All Saints Day (Allerheiligen)
- 08th Dec: Immaculate Conception (Mariä Empfängnis)
- 25th Dec: Christmas Day (Weihnachtstag)
- ► 26th Dec: Boxing Day (Stefanitag)

2023

- ► 01st Jan: New Year's Day (Neujahr)
- ► 06th Jan: Epiphany (Heilige drei Könige)
- ► 07th Apr: Good Friday (Karfreitag)
- ► 10th Apr: Easter Monday (Ostermontag)
- ► 01st May: Labour Day (Staatsfeiertag)
- 18th May: Ascension Day (Christi Himmelfahrt)
- 29th May: Whit Monday (Pfingstmontag)
- ► 08th Jun: Corpus Christi (Fronleichnam)
- ▶ 15th Aug: Assumption Day (Mariä Himmelfahrt)
- 26th Oct: National Holiday (Nationalfeiertag)
- ► 11th Nov: All Saints Day (Allerheiligen)
- 08th Dec: Immaculate Conception (Maria Empfängnis)
- 25th Dec: Christmas Day (Weihnachtstag)
- ► 26th Dec: Boxing Day (Stefanitag)

At our website you can find find the academic calendar including other important dates: www.fh-gesundheitsberufe.at/en/study/academic-year







University of Applied Sciences for Health Professions Upper Austria International Office

Semmelweisstraße 34/D3, 4020 Linz, AUSTRIA

Email: internationaloffice@fhgooe.ac.at Phone: +43 (0)50 344 20061 www.fh-gesundheitsberufe.at/en/international

/fhgooe
 /fhgesundheitsberufe.at
 /FHGesundheitsberufe

