



# Welcome to Upper Austria

## Guide for Incoming Students

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# About us

## Welcome to the University of Applied Sciences for Health Professions Upper Austria!

The UAS for Health Professions Upper Austria offers Bachelor and Master study programmes for the healthcare professions. Research focusses on assisting technologies as well as health promotion and health prevention.

At the UAS for Health Professions Upper Austria teaching and research, theory and practice are closely intertwined and form the fundamental basis for high quality training in health education. Thus, the close links between the UAS for Health Professions Upper Austria's study programmes and the regional teaching hospitals ensure the immediate and effective translation of expertise into practice, and facilitate greater continuity in knowledge transfer.

With their specific expertises and perspectives, the allied healthcare professions achieve a key contribution to care research, evaluation, the effectiveness of healthcare services, health promotion and health prevention, and the reduction of inequalities in healthcare services.

### Our Bachelor programmes

- Biomedical Science
- Dietetics
- Midwifery
- Occupational Therapy
- Physiotherapy
- Radiological Technology
- Speech and Language Therapy
- Healthcare and Nursing

### Advanced training courses

- Paediatric and Adolescent Care
- Psychiatric Healthcare and Mental Health Nursing
- Intensive Care
- Paediatric Intensive Care
- Anaesthesia Care
- Perioperative Nursing Care
- Care Management
- Care in renal replacement therapy

### Our Master programmes

- Management for Health Professionals - main focus on hospital management
- Joint-Master Applied Technologies for Medical Diagnostics

### Our Master course

- University Didactics for Health Professional Education



## Locations



*The close proximity of our campuses to the regional hospitals and other healthcare facilities offer great opportunities for traineeships and other work experiences. All our locations offer charming surroundings and activities for incoming students.*

### Linz

The Upper Austrian capital city of Linz is a pleasant university town with a beautiful historic centre, many interesting cultural offers and great facilities intended for sports, recreation and leisure. It is located on the River Danube and has approx. 200,000 inhabitants.

#### MORE INFORMATION ABOUT LINZ CAN BE FOUND AT:

- [www.linz.at/english](http://www.linz.at/english)
- [www.linztourismus.at/en/leisure](http://www.linztourismus.at/en/leisure)
- [www.linztermine.at/index](http://www.linztermine.at/index)

### Ried im Innkreis

Ried is a small town in Upper Austria's region of Innviertel with great history and architecture. Today it is home to numerous international manufacturers such as FACC and TEAM 7 and is famous for "Rieder Messe" (trade fair).

#### MORE INFORMATION ABOUT RIED CAN BE FOUND AT:

- [www.ried.com/ried-im-innkreis](http://www.ried.com/ried-im-innkreis) (only in German)
- [stream.ried.com/freizeit/sportangebot.html](http://stream.ried.com/freizeit/sportangebot.html) (only in German)
- [stream.ried.com/veranstaltungen.html](http://stream.ried.com/veranstaltungen.html) (only in German)

## Steyr

Steyr has approx. 38,000 inhabitants and is located near Kalkalpen National Park. Steyr has a beautiful historic centre with great shopping facilities. It is surrounded by two rivers (Enns and Steyr) and is a region with a wide range of cultural attractions and opportunities in the fields of sports, leisure and recreation.

### MORE INFORMATION ABOUT STEYR CAN BE FOUND AT:

- [www.steyr.at](http://www.steyr.at) (only in German)
- [www.steyr-nationalpark.at/en](http://www.steyr-nationalpark.at/en)
- [www.steyr.at/freizeit/Veranstaltungskalender](http://www.steyr.at/freizeit/Veranstaltungskalender) (only in German)

## Vöcklabruck

Vöcklabruck is located between Linz and Salzburg and is very close to the UNESCO World Heritage region of Salzkammergut. Vöcklabruck has 12,000 inhabitants, a beautiful historic centre, great shops and very good sports and leisure facilities.

### MORE INFORMATION ABOUT VÖCKLABRUCK CAN BE FOUND AT:

- [www.salzkammergut.at/en](http://www.salzkammergut.at/en)
- [www.kuf.at/](http://www.kuf.at/) (only in German)
- [www.voecklabruck.com](http://www.voecklabruck.com) (only in German)

## Wels

Wels is the second largest city in Upper Austria with approx. 58,000 inhabitants. It has a very attractive historic centre and offers numerous sports and cultural events. The city of Wels also hosts internationally recognised trade fairs and exhibitions such as “Welser Messe” and “Energiesparmesse – expoEnergy”.

### MORE INFORMATION ABOUT WELS CAN BE FOUND AT:

- [www.wels.at/en/welsmarketing/tourism-region-of-wels.html](http://www.wels.at/en/welsmarketing/tourism-region-of-wels.html)
- [www.wels.at/welsmarketing/events/veranstaltungskalender.html](http://www.wels.at/welsmarketing/events/veranstaltungskalender.html) (only in German)



# Getting in and around

## Airports

The nearest international airports are:

- **Vienna International Airport**  
[www.viennaairport.com/en](http://www.viennaairport.com/en)  
to Linz ~ 200 km  
to Steyr ~ 200 km  
to Wels ~ 220 km
- **Salzburg Airport**  
[www.salzburg-airport.com/en](http://www.salzburg-airport.com/en)  
to Linz ~ 130 km  
to Steyr ~ 140 km  
to Wels ~ 120 km
- **Blue Danube Linz Airport**  
[www.linz-airport.com/en](http://www.linz-airport.com/en)  
to Linz ~ 12 km  
to Steyr ~ 40 km  
to Wels ~ 18 km
- **Munich Airport in Germany**  
[www.munich-airport.de](http://www.munich-airport.de)  
to Linz ~ 230 km  
to Steyr ~ 250 km  
to Wels ~ 200 km

## Railway services in Austria

- ÖBB ([www.oebb.at/en](http://www.oebb.at/en)) – if you book online in advance, check for “SparSchiene”, which offers cheap tickets.
- WESTBAHN (<https://westbahn.at/en>) – this railway company only operates between the cities of Salzburg, Linz and Vienna. Book tickets online or buy them on the train or at licensed tobacco shops at the train stations. Check for discounts.

If you don't have an ÖBB discount card, it might be cheaper to purchase the tickets from “Westbahn”. In any case, always compare prices.

### ÖBB VORTEILSCARD

*If you stay longer and would like to discover Austria by train, it is worth purchasing ÖBB Vorteils card. Anyone under 26 years can get ÖBB “Vorteils card Jugend”. Currently, it costs 19 Euros and is valid for one year. It qualifies for a discount of up to 50% for all ÖBB train tickets. To buy the card you need to present your passport. You can request the card at any train station ticket counter or online at [www.oebb.at/en](http://www.oebb.at/en)*

For travelling throughout Austria on “Klimaticket” see <https://www.klimaticket.at>.

## Public transportation for the province of Upper Austria

With ÖÖVV, the public transport company for Upper Austria, you have free choice of public transport and free changes along the selected route. For more information on individual products, please click on <https://www.ooevv.at/en/tickets-and-prices.html>

Please also look for special offers in the central zones for Linz, Wels and Steyr.

## Public transportation Linz

"LINZ AG LINIEN" offer a wide range of tickets. In addition to the classic MINI, MIDI, MAXI and MEGA (annual) tickets, weekly and monthly tickets are available for your individual mobility requirements. If you are between 15 and 21 years old, you can buy the "Jugendticket" to qualify for discounts. MEGA tickets (annual network tickets) are transferable to relatives and friends.

**Please note:** By providing your "Aktivpass" you will qualify for discounts (see section "Getting things cheaper").

For more information on individual products, please click on [www.bit.ly/29VYcTC](http://www.bit.ly/29VYcTC).

## Public transportation Ried

"Citybus" offers tickets for public transportation in Ried.

For more information on individual products, please click on [www.ried.at/BUERGERSERVICE/Citybus](http://www.ried.at/BUERGERSERVICE/Citybus)  
(only in German)

## Public transportation Steyr

"Stadtbetriebe Steyr GmbH" sell different options for public transport tickets.

For more information on individual products, please click on [www.stadtbetriebe.at/Verkehr/Tarife](http://www.stadtbetriebe.at/Verkehr/Tarife)  
(only in German)

## Public transportation Vöcklabruck

The “Citybus” takes you to different places in the city. More information on lines and tickets available at [www.voecklabruck.at/Stadtbus](http://www.voecklabruck.at/Stadtbus)

Train travel times to Linz = 30min., to Salzburg = 30min., and to Wels = 20min.

More information and timetables available at

[www.oebb.at/en](http://www.oebb.at/en) and

<https://westbahn.at/en>

## Public transportation Wels

“Linie Wels” offers various tickets for public transport in Wels.

For more information on individual products, please click on

[www.liniewels.at/de/tarife](http://www.liniewels.at/de/tarife)

(only in German)



## Visa, embassies and consulates

All students from foreign nationalities, who wish to study or do a placement in Austria, need valid travel documents and, if required, additional entry or residence permits.

Here you can find detailed information about entry and residence permits provided by the OAED <https://oead.at/en/to-austria/entry-and-residence> and the Austrian Federal Ministry for European and International Affairs [www.bmeia.gv.at/en](http://www.bmeia.gv.at/en).

*Please make sure that you have valid travel documents.*

*Travel documents for non-EU citizens must be valid for the entire duration of your stay in Austria, plus an additional three months beyond your departure date.*

Austrian representative authorities abroad: [www.bit.ly/2aiBbxC](http://www.bit.ly/2aiBbxC)

Authorities of other countries in Austria: [www.bit.ly/29NxFdZ](http://www.bit.ly/29NxFdZ)





# Medical care and insurance

## Health and accident insurance

You are required to have valid health and accident insurance coverage during your studies in Austria. By paying the Federal Austrian Students' Union fee, you automatically obtain a liability and accident insurance for the time of your studies or traineeship in Austria.

### SELF-INSURANCE from your home country

- European health insurance card for nationals of EU/EEA countries and Switzerland
- provisional substitute
- insurance policies of various insurance companies, etc.

### STUDENT SELF-INSURANCE in Upper Austria

by the National Health Insurance (Gesundheitskasse ÖGK)

Students can take out a student self-insurance with the Upper Austrian Health Insurance company:

#### Österreichische Gesundheitskasse

Gruberstraße 77, 4020 Linz

Phone: +43 5 0766-14

Email: office-o@oegk.at

**[www.gesundheitskasse.at](http://www.gesundheitskasse.at)**

Alternatively, students can purchase health insurance from Feelsafe, a company recommended by Austria's Agency for Education and Internationalisation (OeAD): **<https://www.feelsafe.at/>**, as Feelsafe offers products which are accepted by the authorities.

### EMERGENCY NUMBERS

Emergency doctors – phone: 141

European Emergency Number: 112

Ambulance – phone: 144

Police – phone: 133

Fire brigade – phone: 122

Pharmacies on standby duty – phone: 1455 or at

**[www.apothekerkammer.at/apothekensuche](http://www.apothekerkammer.at/apothekensuche)** (only in German)



## Hospitals in Linz, Ried, Steyr, Vöcklabruck and Wels

### Linz

#### **Kepler Universitätsklinikum Med Campus III. (general hospital)**

Krankenhausstraße 9, 4021 Linz  
Phone: +43 (0)5 7680 83-0  
Email: [kontakt@kepleruniklinikum.at](mailto:kontakt@kepleruniklinikum.at)  
[www.kepleruniklinikum.at](http://www.kepleruniklinikum.at)  
(only in German)

#### **Kepler Universitätsklinikum Neuromed Campus**

Wagner-Jauregg-Weg 15, 4020 Linz  
Phone: +43 (0)5 7680 87 - 0  
Email: [nmc@kepleruniklinikum.at](mailto:nmc@kepleruniklinikum.at)  
[www.kepleruniklinikum.at](http://www.kepleruniklinikum.at)  
(only in German)

#### **Krankenhaus der Barmherzigen Brüder Linz (general hospital)**

Seilerstätte 2, 4021 Linz  
Phone: +43 (0) 732 7897-0  
[www.barmherzige-brueder.at](http://www.barmherzige-brueder.at)  
(only in German)

#### **Krankenhaus der Elisabethinen Linz (general hospital)**

Fadingerstraße 1, 4020 Linz  
Phone: +43 (0)5 7676 0  
Email: [krankenhaus@elisabethinen.or.at](mailto:krankenhaus@elisabethinen.or.at)  
[www.ordensklinikum.at/de/ueber-uns/ordensklinikum-linz-elisabethinen](http://www.ordensklinikum.at/de/ueber-uns/ordensklinikum-linz-elisabethinen)  
(only in German)

### Ried

#### **Krankenhaus der Barmherzigen Schwestern Ried**

Schlossberg 1, 4910 Ried im Innkreis  
Phone: +43 7752 602-0  
Email: [office.ried@bhs.at](mailto:office.ried@bhs.at)  
[www.bhsried.at](http://www.bhsried.at) (only in German)

### Steyr

#### **Pyhrn-Eisenwurzen Klinikum Steyr**

Sierninger Straße 170, 4400 Steyr  
Phone: +43 (0)5 055466-0  
Email: [contact.sr@ooeg.at](mailto:contact.sr@ooeg.at)  
[www.ooeg.at/pek/sr](http://www.ooeg.at/pek/sr) (only in German)

### Vöcklabruck

#### **Salzhammertgut-Klinikum Bad Ischl**

Dr.-Mayer-Straße 8-10, 4820 Bad Ischl  
Phone: 05 055472-0  
Fax: 05 055472-1014  
Email: [contact.sk@ooeg.at](mailto:contact.sk@ooeg.at)  
[www.ooeg.at/sk/bi](http://www.ooeg.at/sk/bi) (only in German)

#### **Salzhammertgut-Klinikum Gmunden**

Miller-von-Aichholz-Straße 49, 4810 Gmunden  
Phone: 05 055473-0  
Fax: 05 055473-22204  
Email: [contact.sk@ooeg.at](mailto:contact.sk@ooeg.at)  
[www.ooeg.at/sh/gm](http://www.ooeg.at/sh/gm) (only in German)

#### **Salzhammertgut-Klinikum Vöcklabruck**

Dr.-Wilhelm-Bock-Straße 1, 4840 Vöcklabruck  
Phone: 05 055471-0  
Fax: 05 055471-1014  
Email: [contact.sk@ooeg.at](mailto:contact.sk@ooeg.at)  
[www.ooeg.at/sk/vb](http://www.ooeg.at/sk/vb) (only in German)

### Wels

#### **Klinikum Wels-Grieskirchen**

Grieskirchner Straße 42, 4600 Wels  
Phone: +43 (0) 7242 / 415-0  
Email: [post@klinikum-wegr.at](mailto:post@klinikum-wegr.at)  
[www.klinikum-wegr.at](http://www.klinikum-wegr.at) (only in German)



# Living costs in Austria

Please look at [www.numbeo.com](http://www.numbeo.com)

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## Getting things cheaper

### Aktivpass

By registering your main residence in Linz, you can get the so-called “Aktivpass” of the city of Linz (see also “Getting in and around”). It qualifies you to receive many reductions for public transport, events, tickets and much more. Unfortunately, there are no equal offers in Steyr and Wels.

#### Requirements

- 18 years old
- low net income
- main residence in Linz (by registering at respective “Meldeamt”)

#### Required documents

- proof of income
- photo
- study/student card
- passport

Detailed information on “Aktivpass” at [www.linz.at/aktivpass](http://www.linz.at/aktivpass) (only in German).

*To get the “Aktivpass” you need to go to:*

#### **Bürgerservice Center**

Hauptstraße 1 - 5,  
Neues Rathaus, 4041 Linz

Phone: +43 (0)732 7070

Email: [info@mag.linz.at](mailto:info@mag.linz.at)

[www.linz.at/english/life/7406.php](http://www.linz.at/english/life/7406.php)

*Opening hours: Monday to  
Friday, 07:00 am – 06:00 pm*



## Shopping

In Austria shop opening hours may differ from those in your home country. In the cities shops are open Monday to Friday from 09:00 am – 06:00 pm. Opening hours on Saturdays are from 09:00 – 12:00 am, main shops are open till 05:00 pm.

Some shops close for lunch (12:00 am – 02:00 pm).  
Grocery shops often open before 08:00 am and close at 06:30 pm.  
In tourist centres many shops are also open on weekends.

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## Banks

Most banks here in Austria offer a student account which is free of charge. Please ask at the banks for detailed information about these student accounts. Usually banks are open from Monday to Friday between 08:30 am and 04:00 pm and often close for one or two hours during lunchtime. Some banks also close on Wednesday or Friday afternoons. Please check for opening hours.

You can search for banks in Austria at  
**[www.banksuche.com/at](http://www.banksuche.com/at)** (only in German)

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## Language courses

If you want to join a language course provided by a public learning institute you have the following options:

**BFI Oberösterreich** (Linz, Wels and Steyr)

Email: [service.linz@bfi-ooe.at](mailto:service.linz@bfi-ooe.at),  
[service.wels@bfi-ooe.at](mailto:service.wels@bfi-ooe.at),  
[service.steyr@bfi-ooe.at](mailto:service.steyr@bfi-ooe.at)  
**[www.bfi-ooe.at](http://www.bfi-ooe.at)** (only in German)

**Catholic University Community Linz**

Mengerstraße 23, 4040 Linz  
Email: [khg@dioezese-linz.at](mailto:khg@dioezese-linz.at)  
Phone: +43 (0)732/244011-457  
**[www.dioezese-linz.at/institution/8075/en](http://www.dioezese-linz.at/institution/8075/en)**

**Volkshochschule Linz**

Wissensturm Kärntner Straße 26, A-4020 Linz  
Phone: +43 (0)732 7070-0  
Email: [vhs-bib@mag.linz.at](mailto:vhs-bib@mag.linz.at)  
**<https://wissensturm.linz.at>** (only in German)

**WIFI Oberösterreich** (Linz, Wels and Steyr)

Email: [kundenservice@wifi-ooe.at](mailto:kundenservice@wifi-ooe.at)  
**[www.wifi-ooe.at](http://www.wifi-ooe.at)** (only in German)



# Libraries

## Linz

In Linz you find many libraries which are well equipped with a wide range of literature, including books on language learning and games.

Here you can find a map of all libraries of the City Council Linz:

**<https://wissensturm.linz.at/bibliothek/oeffnungszeiten.php>** (only in German)

Library JKU:

**[www.jku.at/bibliothek](http://www.jku.at/bibliothek)** (only in German)

## Ried

### Stadtbücherei Ried

Roßmarkt 29, A-4910 Ried im Innkreis

Phone: +43 7752/901-320

Email: [buecherei@ried.gv.at](mailto:buecherei@ried.gv.at)

**[www.buecherei.ried.at](http://www.buecherei.ried.at)** (only in German)

#### Opening hours:

Tuesday, Thursday, Friday 09:00 – 12:00 am,

01:00 – 05:00 pm

Saturday 09:00 – 12:00 am

## Steyr

### Stadtbücherei Marlen Haushofer

Bahnhofstraße 4, 4400 Steyr

Phone: +43 (0) 7252 48423-11

Email: [buecherei@steyr.gv.at](mailto:buecherei@steyr.gv.at)

**[www.steyr.at/Stadtbuecherei\\_Marlen\\_Haushofer](http://www.steyr.at/Stadtbuecherei_Marlen_Haushofer)**  
(only in German)

#### Opening hours:

Tuesday to Thursday 10:00 am – 06:00 pm,

Friday 02:00 – 06:00 pm,

Saturday 09:00 – 12:00 am

## Vöcklabruck

### Town Library

Hinterstadt 13-15, 4840 Vöcklabruck

Phone: +43 (0)7672/760-248

**[www.voecklabruck.at/Stadtbibliothek](http://www.voecklabruck.at/Stadtbibliothek)**  
(only in German)

#### Opening hours:

Monday and Friday 09:00 – 12:30 am,  
01:30 – 06:00 pm

Wednesday 08:30 – 12:30 am, 01:30 – 06:00 pm

Saturday 09:00 – 11:30 am

## Wels

### Stadtbücherei Wels

Maria-Theresia-Straße 33, 4600 Wels

Phone: +43 (0) 7242 235-7150

Email: [b@wels.gv.at](mailto:b@wels.gv.at)

**[www.wels.gv.at/lebensbereiche/bildung-und-kultur/stadtbuecherei](http://www.wels.gv.at/lebensbereiche/bildung-und-kultur/stadtbuecherei)** (only in German)

#### Opening hours:

Tuesday to Friday 10:00 am – 06:00 pm

Saturday 09:00 – 12:00 am



# Erasmus Student Network Linz (ESN)

## **ÖH Referat für Internationales**

Keplergebäude

Altenbergerstraße 69, 4040 Linz

Phone: +43 (0)732 2468 8365

Email: [refi@oeh.jku.at](mailto:refi@oeh.jku.at)

<https://oeh.jku.at/oeh-jku/referate/referat-fuer-internationales>

In Linz there is an ESN (Erasmus Student Network) contact point, if you want to meet other international students and participate in events and parties. Please check for events which are open for guest students.



## Sports activities

Some universities have a university sports institute, which offers different courses at a very low price. In Linz there are two university sports institutes: one at the Johannes Kepler University and one at the University College of Education. The UAS for Health Professions Upper Austria offers a range of sports activities in Steyr and Wels.

**Please note that the deadlines for enrolment are usually at the beginning of each study semester. Below you can check out the course programmes.**

### Linz

University Sports Institute at

Johannes Kepler University

[www.jku.at/en/campus/recreation/usi-sport-classes-programs/](http://www.jku.at/en/campus/recreation/usi-sport-classes-programs/)

Organisation for leisure and sports  
at the University College of Education

[www.fph.at](http://www.fph.at) (only in German)

FH OÖ Sports Team of University  
of Applied Sciences

[sportsteam.fh-ooe.at/en/home/](http://sportsteam.fh-ooe.at/en/home/)

### Steyr

FH OÖ Sports Team of University  
of Applied Sciences

[sportsteam.fh-ooe.at/en/home/](http://sportsteam.fh-ooe.at/en/home/)

### Wels

FH OÖ Sports Team of University  
of Applied Sciences

[sportsteam.fh-ooe.at/en/home/](http://sportsteam.fh-ooe.at/en/home/)



# Public holidays in Austria

[www.feiertage-oesterreich.at/en](http://www.feiertage-oesterreich.at/en)

At our website you can find the academic calendar including other important dates:  
[www.fh-gesundheitsberufe.at/en/study/academic-year](http://www.fh-gesundheitsberufe.at/en/study/academic-year)

## Useful links

[www.welcome2upperaustria.com](http://www.welcome2upperaustria.com)

<https://esn.org/studentguidebook>

[www.come2upperaustria.com/services/pocket-guide](http://www.come2upperaustria.com/services/pocket-guide)



[www.tiktok.com/@fhgooe](https://www.tiktok.com/@fhgooe)



[www.instagram.com/fhgooe/](https://www.instagram.com/fhgooe/)



[www.youtube.com/FHGesundheitsberufe](https://www.youtube.com/FHGesundheitsberufe)

**University of Applied Sciences for Health Professions Upper Austria  
International Office**

Semmelweisstraße 34/D3,  
4020 Linz, AUSTRIA

Email: [internationaloffice@fhgooe.ac.at](mailto:internationaloffice@fhgooe.ac.at)

Phone: +43 (0)50 344 20061

[www.fh-gesundheitsberufe.at/en/international](http://www.fh-gesundheitsberufe.at/en/international)

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University of Applied Sciences  
for Health Professions Upper Austria